



*Presents*

# Peterborough's Dragon Boat Festival June 14, 2008



## REGISTRATION PACKAGE

**Registration starts on Tuesday, February 19, 2008  
Deadline for registration is Friday, April 18, 2008 OR when all  
available spots are filled, whichever comes first.**

Pick up registration package and make payment **only** at  
**Kawartha Credit Union**  
**1054 Monaghan Road**  
**Peterborough K9J 6Y5**

Hosted by Survivors Abreast Dragon Boat Team  
Proceeds to the PRHC Breast Assessment Centre  
and to Survivors Abreast to keep the dragon boat team "afloat"

For more information on dragon boat racing & its history, go to [www.survivorsabreast.com](http://www.survivorsabreast.com)

**Kawartha Credit Union Presents Peterborough's Dragon Boat Festival  
Saturday, June 14, 2008 at Del Crary Park**

**Did you know that dragon boat racing is the fastest growing water sport in the world?**

Dragon boating got its beginning 2,000 years ago in China. A poet-philosopher named Qu Yuan drowned himself in the Mei Lo River to protest the corrupt regime of a Chou emperor. The local fishermen raced out in their boats to save him, but failed. To stop his body from being devoured by fish they beat the water with their paddles and threw rice dumplings wrapped in silk into the river as a sacrifice to his spirit. Ever since, annual dragon boat races are held in China to re-enact this story.

During the 1970s, dragon boating became a water sport in addition to an annual cultural celebration. Dragon boating as a sport for people of all ages has grown tremendously since the 1990's. There are now teams all over the world—North America, Europe, Australia, and New Zealand.

**Now's the time to get your team together!**

If your company or organization needs help getting a team together, then have your team captain contact us and we'll help you get started. **Call Susan Miller at (705) 743-9253.**

**A dragon boat team**

A crew generally consists of 20 paddlers and a drummer at the bow and is guided by a steersperson at the stern. Teams combine power and rhythm to achieve maximum acceleration and speed over a specified distance. A perfectly synchronized team is not only visually spectacular, but almost always defeats a stronger, less synchronized team.

For mixed teams, a **maximum** of 12 male paddlers for a total of **no more than 20** paddlers plus a mandatory drummer. Typical combinations are:

10 female & 10 male = 20
9 female & 11 male = 20
8 female & 12 male = 20
7 female & 12 male = 19
6 female & 12 male = 18

All paddlers must be 18 years of age or older
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**Race distance**

Four lanes of approximately 400 metres long.

**Equipment**

All necessary equipment is provided, i.e. lifejackets (M.O.T. and/or Canadian Coast Guard approved personal floating devices) paddles and boats for practices and races. **Lifejackets must be worn properly at all times in the boat and must be according to a paddler's individual weight, whether the paddler is using their personal lifejacket or one provided by the festival.**

**Raise money for charity**

Team members are encouraged to raise pledges for the Breast Assessment Centre at the Peterborough Regional Health Centre. Prizes are awarded to our top fundraisers.

## Rules and Regulations

**AN INDIVIDUAL MAY ONLY REGISTER AS A PADDLER FOR ONE TEAM AND PADDLE ONLY FOR THAT PARTICULAR TEAM.**

**Drummers** may be either male or female and may drum for other teams. They may also participate as paddlers for their team (i.e. switching spots with another registered team member) or may choose to register and participate as paddlers for another team (not both).

### **New Rule**

Lifejackets must be worn properly at all times in the boat and must be according to a paddler's individual weight, whether the paddler is using their personal lifejacket or one provided by the festival.

For safety reasons, the maximum weight of your 20 paddlers in the boat must not exceed 3600 pounds. This excludes the drummer and steersperson.

**The team captain** will be expected to attend (or arrange for a suitable alternate) the captains meeting on **Monday, May 12/08** at Trinity United Church. The team captain shall be responsible for:

- Organizing a team of 20 paddlers and one drummer all of whom reside and/or work in the Lindsay, Peterborough and Surrounding Area Bell phone book. (Exceptions must be cleared by the **Race Director**).
- Collecting and submitting all forms and waivers and handing them in.
- Collecting the registration money and handing it into Kawartha Credit Union main branch on Monaghan Rd. (receipt for money will be given) \$700 includes one practice. **The price includes 1 free photo for each paddler on the team roster, up to 24 paddlers.**
- Making sure all members are aware of the rules and procedures.
- Making sure all members are aware of the pledge sheets and know that **all funds raised** will go to the PRHC Breast Assessment Centre for diagnostic equipment. \$25.00 or more pledge money will be receipted by the hospital.
- Communicating and distributing all information about practices, race regulations, and fund raising opportunities – team photos, merchandising etc.
- Promoting team spirit and organizing team shirts, hats, songs, mascots, & teams areas
- Listing all paddlers on the roster sheet – **(only PADDLERS from the team roster sheet may participate with the team).**
- Checking to see that all team members receive and wear their wrist bands.
- Organizing team members for team pictures and race times.

### **Dragon Boats and Equipment**

Eight (8) world championship fiberglass dragon boats fully equipped are used for the festival. Paddles and M.O.T. and/or Canadian Coast Guard approved personal floating devices are supplied.

### **Race Venue and Logistics**

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The team marshalling area where the teams load the boats is located at the T-wharf at Del Crary Park. The race course is four (4) lanes of approximately 400 metres, and is clearly marked with buoys.

The referee/starter will direct the teams to the start line. As soon as all boats are aligned and stationary, the starter will voice the command, '**Attention Please**' followed by a start signal. A five (5) second penalty will be issued to any team that begins paddling, in whole or in part, prior to the start signal. In all cases, the starter may call back the race for a re-start.

Once a race has begun, each team is responsible for remaining in the centre of its respective lanes until it crosses the finish line. A team that wanders outside the race course or into another lane may be disqualified, particularly if it interferes in any way with the progress of another boat. A team that enters into another team's lane but does not interfere with the progress of another boat, may continue but will be disqualified if the team does not cross the finish line in the team's own lane. The decision about interference is made by the Race Director and this decision is final without appeal. A team that is interfering or is about to interfere with another boat may be told to stop its boat by a race official. If the team does not stop, it will be disqualified.

The finish of each boat is recorded as the dragon's nose breaks the plane of the finish sight line approximately one (1) metre before the final set of marker buoys. All crew members must be in the boat at the end of the race or the boat will be recorded as 'did not finish'. **The decision of the referee is final without appeal.** Upon completion of its race, each crew must return immediately to the dock mooring area and follow the instructions of the dock marshals.

Official times and finishing positions will be announced as results become available and will be posted in the vicinity of the team marshalling area. Team advancement into divisional finals and consolation finals will be posted as soon as they are determined by qualifying heats.

### **Safety**

The first priority of all competitors is the safety of their crew and all other crews involved. Assistance must be rendered as required.

### **Fair Play**

Any dragon boat crew or competitor who attempts to win a race by other than honorable means, or who deliberately breaks the race rules, or who disregards the honorable nature of the rules, shall risk disqualification from the competition.

### **Appeals**

Appeals must be made by the captain only, to the Race Director, Len Minty.

\*Note: Adjustments to race course, times, race schedule and cancellations of race heats may occur due to a number of circumstances including weather, daylight, water conditions, safety, etc.

These adjustments are a part of the event and are at the sole discretion of the Race Director and are final, without appeal and without refund.



## **Team Roster List**

**Team Name:** \_\_\_\_\_

**Please list women first if a mixed team minimum of eight (8)**

**NOTE: Paddlers must be in the Lindsay, Peterborough and Surrounding Area phone book  
Please Print Clearly**

1. Captain: \_\_\_\_\_
2. Drummer: \_\_\_\_\_
3. Name: \_\_\_\_\_
4. Name: \_\_\_\_\_
5. Name: \_\_\_\_\_
6. Name: \_\_\_\_\_
7. Name: \_\_\_\_\_
8. Name: \_\_\_\_\_
9. Name: \_\_\_\_\_
10. Name: \_\_\_\_\_
11. Name: \_\_\_\_\_
12. Name: \_\_\_\_\_
13. Name: \_\_\_\_\_
14. Name: \_\_\_\_\_
15. Name: \_\_\_\_\_
16. Name: \_\_\_\_\_
17. Name: \_\_\_\_\_
18. Name: \_\_\_\_\_
19. Name: \_\_\_\_\_
20. Name: \_\_\_\_\_
21. Name: \_\_\_\_\_
22. Name: \_\_\_\_\_
23. Name: \_\_\_\_\_
24. Name: \_\_\_\_\_

**Captains, please complete and return the following forms: team roster, waiver and registration to:**

**Kawartha Credit Union  
1054 Monaghan Road  
Peterborough K9J 6Y5**

**For questions, please call Susan at (705)743-9253 or at [susan.glen@sympatico.ca](mailto:susan.glen@sympatico.ca)**

**PETERBOROUGH'S DRAGON BOAT FESTIVAL  
WAIVER OF LIABILITY RELEASE  
INDEMNIFICATION & HOLD HARMLESS COVENANT**

In consideration for my receiving permission to participate in "Peterborough's Dragon Boat Festival" event as well as join the practice sessions and to enter the premises, waterways and grounds supervised or in any way controlled by Peterborough and District Association of Breast Cancer Survivors (PDA of Breast Cancer Survivors), Peterborough Dragon Boat Festival (the "Organizers") and the receipt of said permissions hereby acknowledged do hereby forever RELEASE any and all liability, discharge and agree not to sue the Organizers and each of their respective directors, members, trustees, agents, representatives, officers, sponsors, licensors, servants and employees and agree to indemnify and hold and save harmless them from and against any and all causes of action of whatsoever kind or nature arising out of or related to any such loss, damage or injury including death etc. that may be sustained by me or my property for whatever reason while participating in or upon the premises or grounds supervised or controlled by the Organizers whether such loss, damage, or injury is the result of negligence, gross negligence, breach of trust, breach of fiduciary duty, or any other reason or cause. I also agree to and discharge forthwith on request of the Organizers and their respective directors, agents, members, trustees, representatives, officers, sponsors, licensors, servants and employees and each of their authorized representatives each and every obligation or claim which shall be made by me, assigned or apportioned against the Organizers and each of their respective directors, agents, members, trustees, representatives, officers, sponsors, licensors, servants and employees by any party by virtue of any injury or damage caused to me or my property absolutely.

I am duly aware of the risks and hazards inherent in the sport of dragon boat racing and upon entering the premises used for the purpose of launching, docking and storing equipment used in the sport of dragon boat racing, and in participating in the Peterborough's Dragon Boat Festival and the practice sessions held at said premises and participating in said event, knowing conditions may be hazardous and dangerous and that obstructions may exist, and that high winds may cause rough water, and that I hereby voluntarily assume all risks of loss, damage or injury including death, that may be sustained by me or to any property while in or upon said premises or engaged in said event. This document shall be binding on my heirs, executors, administrators, and legal representatives. I acknowledge that Kawartha Credit Union Limited is not an organizer of the event, but rather only a sponsor of the event.

**To Peterborough & District Association of Breast Cancer Survivors, in signing the foregoing release, I hereby acknowledge and represent that I have read the foregoing release, understand it and agree to it voluntarily, that I am eighteen (18) years of age or older and of sound mind.**

*\*Please have all team members sign on the Waiver Signature Sheet provided and initial below prior to participating in dragon boat activities (includes practices and races).*

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**Initial here:**



## Registration Form

TEAM NAME: \_\_\_\_\_

MIXED TEAM \_\_\_\_\_ ALL FEMALE TEAM \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ PROVINCE: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

PHONE # (WORK) \_\_\_\_\_ PHONE # (HOME): \_\_\_\_\_

FAX #: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

If you wish to use the same profile from last year, please check here.

***Please make all cheques payable to The PDA of Breast Cancer Survivors***  
***With a notation in the memo line to Dragon Boat Races Account # 912287***

***Please notice that there is no provision for a second practice this year.***

\$700 includes 1 practice and free team photo for each team member up to 24.

Paid by cheque \_\_\_\_ or cash \_\_\_\_

**Registrations are final upon receipt of registration fee**

**Please make payment at:-**

**Kawartha Credit Union**

**1054 Monaghan Road**

**Peterborough K9J 6Y5**

**Captains, please complete and return the following forms: team roster, waiver and registration to Kawartha Credit Union. For questions, please call Susan at (705)743-9253 or at [susan.glen@sympatico.ca](mailto:susan.glen@sympatico.ca)**