



Presents

Peterborough's Dragon Boat
Festival June 14, 2008



REGISTRATION PACKAGE
Breast Cancer Survivor
Teams

Hosted by Survivors Abreast Dragon Boat Team
Proceeds to the Peterborough Regional Health Centre Breast Assessment Centre
and to Survivors Abreast to keep the dragon boat team "afloat"

For more information on dragon boat racing & its history, go to www.survivorsabreast.com

**Kawartha Credit Union *Presents* Peterborough's Dragon Boat Festival
Saturday, June 14, 2008 at Del Crary Park**

Did you know that dragon boat racing is the fastest growing water sport in the world?

Dragon boating got its beginning 2,000 years ago in China. A poet-philosopher named Qu Yuan drowned himself in the Mei Lo River to protest the corrupt regime of a Chou emperor. The local fishermen raced out in their boats to save him, but failed. To stop his body from being devoured by fish they beat the water with their paddles and threw rice dumplings wrapped in silk into the river as a sacrifice to his spirit. Ever since, annual dragon boat races are held in China to re-enact this story.

During the 1970s, dragon boating became a water sport in addition to an annual cultural celebration. Dragon boating as a sport for people of all ages has grown tremendously since the 1990's. There are now teams all over the world—North America, Europe, Australia, and New Zealand.

A dragon boat team

A crew generally consists of 20 paddlers and a drummer at the bow and is guided by a steersperson at the stern. Teams combine power and rhythm to achieve maximum acceleration and speed over a specified distance. A perfectly synchronized team is not only visually spectacular, but almost always defeats a stronger, less synchronized team.

Race distance

Four lanes at approximately 400 metres long.

Equipment

All necessary equipment is provided, i.e. lifejackets (M.O.T. and/or Canadian Coast Guard approved personal floating devices) paddles and boats for practices and races.

Raise money for charity

Community team members are encouraged to raise pledges for the Breast Assessment Centre at the Peterborough Regional Health Centre. Prizes are awarded to our top fundraisers.

Rules and Regulations

Please note that in compliance with the festival insurance policy, all steerpersons for community and breast cancer survivor teams are provided by the festival.

Drummers may drum for other teams. They may also participate as paddlers for their team.

Team Captains are responsible for:

- Organizing a team of 20 paddlers and one drummer.
- Collecting and submitting all forms and waivers and handing them in.
- Making sure all members are aware of the rules and procedures.
- Communicating and distributing all information about race regulations, team photos, merchandising etc.
- Promoting team spirit.
- Listing all paddlers on the roster sheet.
- Checking to see that all team members receive and wear wristbands.
- Organizing team members for team pictures and race times.

Dragon Boats and Equipment

Eight (8) world class fiberglass dragon boats fully equipped are used for the festival. Paddles and M.O.T. and/or Canadian Coast Guard approved personal floating devices are supplied.

Race Venue and Logistics

The team marshalling area where the teams load the boats is located at the T-wharf of Little Lake at Del Crary Park. The race course is four (4) lanes of approximately 400 metres, and is clearly marked with buoys.

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The referee and starter will direct the teams to the start line. As soon as all boats are aligned and stationary, the starter will voice the command, '**Attention Please**' followed by a start signal. A five (5) second penalty will be issued to any team that begins paddling, in whole or in part, prior to the start signal. In all cases, the starter may call back the race for a re-start.

Once a race has begun, each team is responsible for remaining in the centre of its respective lanes until it crosses the finish line. A team that wanders outside the race course or into another lane may be disqualified, particularly if it interferes in any way with the progress of another boat. A team that enters into another team's lane but does not interfere with the progress of another boat, may continue but will be disqualified if the team does not cross the finish line in the team's own lane. The decision about interference is made by the Race Director and this decision is final without appeal. A team that is interfering or is about to interfere with another boat may be told to stop its boat by a race official. If the team does not stop, it will be disqualified.

The finish of each boat is recorded as the dragon's nose breaks the plane of the finish sight line approximately one (1) metre before the final set of marker buoys. All crew members must be in the boat at the end of the race or the boat will be recorded as 'did not finish'. The decision of the referee is final without appeal.

Upon completion of its race, each crew must return immediately to the dock mooring area and follow the instructions of the dock marshals.

Official times and finishing positions will be announced as results become available and will be posted in the vicinity of the team marshalling area. Team advancement into divisional finals and consolation finals will be posted as soon as they are determined by qualifying heats.

Safety

The first priority of all competitors is the safety of their crew and all other crews involved. Assistance must be rendered as required.

Fair Play

Any dragon boat crew or competitor who attempts to win a race by other than honorable means, or who deliberately breaks the race rules, or who disregards the honorable nature of the rules, shall risk disqualification from the competition.

Appeals

Appeals must be made by the captain only, to the Race Director.

*Note: Adjustments to race course, times, race schedule and cancellations of race heats may occur due to a number of circumstances including weather, daylight, water conditions, safety, etc. These adjustments are a part of the event and are at the sole discretion of the Race Director and are final, without appeal and without refund.



Team Roster List

Team Name: _____

Team Captain: _____

Drummer: _____

Please Print Clearly

- 1. Name: _____
- 2. Name: _____
- 3. Name: _____
- 4. Name: _____
- 5. Name: _____
- 6. Name: _____
- 7. Name: _____
- 8. Name: _____
- 9. Name: _____
- 10. Name: _____
- 11. Name: _____
- 12. Name: _____
- 13. Name: _____
- 14. Name: _____
- 15. Name: _____
- 16. Name: _____
- 17. Name: _____
- 18. Name: _____
- 19. Name: _____
- 20. Name: _____
- 21. Name: _____
- 22. Name: _____
- 23. Name: _____
- 24. Name: _____

Please mail team roster and waiver (on next page) to:
Darlene Prager. : Box 57, Bethany ON, L0A 1A0
705-277-2861 or macany@ptbo.igs.net

**PETERBOROUGH'S DRAGON BOAT FESTIVAL
WAIVER OF LIABILITY RELEASE
INDEMNIFICATION & HOLD HARMLESS COVENANT**

In consideration for my receiving permission to participate in the "Peterborough Dragon Boat Festival" event as well as join the practice sessions and to enter the premises, waterways and grounds supervised or in any way controlled by Peterborough and District Association of Breast Cancer Survivors (PDA of Breast Cancer Survivors), Peterborough Dragon Boat Festival (the "Organizers") and the receipt of said permissions hereby acknowledged do hereby forever RELEASE any and all liability, discharge and agree not to sue the Organizers and each of their respective directors, members, trustees, agents, representatives, officers, sponsors, licensors, servants and employees and agree to indemnify and hold and save harmless them from and against any and all causes of action of whatsoever kind or nature arising out of or related to any such loss, damage or injury including death etc. that may be sustained by me or my property for whatever reason while participating in or upon the premises or grounds supervised or controlled by the Organizers whether such loss, damage, or injury is the result of negligence, gross negligence, breach of trust, breach of fiduciary duty, or any other reason or cause. I also agree to and discharge forthwith on request of the Organizers and their respective directors, agents, members, trustees, representatives, officers, sponsors, licensors, servants and employees and each of their authorized representatives each and every obligation or claim which shall be made by me, assigned or apportioned against the Organizers and each of their respective directors, agents, members, trustees, representatives, officers, sponsors, licensors, servants and employees by any party by virtue of any injury or damage caused to me or my property absolutely.

I am duly aware of the risks and hazards inherent in the sport of dragon boat racing and upon entering the premises used for the purpose of launching, docking and storing equipment used in the sport of dragon boat racing, and in participating in the Peterborough Dragon Boat Festival and the practice sessions held at said premises and participating in said event, knowing conditions may be hazardous and dangerous and that obstructions may exist, and that high winds may cause rough water, and that I hereby voluntarily assume all risks of loss, damage or injury including death, that may be sustained by me or to any property while in or upon said premises or engaged in said event. This document shall be binding on my heirs, executors, administrators, and legal representatives. I acknowledge that Kawartha Credit Union Limited is not an organizer of the event, but rather only a sponsor of the event.

To Peterborough & District Association of Breast Cancer Survivors in signing the foregoing release, I hereby acknowledge and represent that I have read the foregoing release, understand it and agree to it voluntarily, that I am eighteen (18) years of age or older and of sound mind.

**Please have all team members sign on the Waiver Signature Sheet provided and initial below prior to participating in dragon boat activities (includes practices and races).*

Initial here:

